

FOR IMMEDIATE RELEASE
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Chrissa Santoro
845.266.4444, ext. 404

Omega's Rhinebeck Campus Reopens with Increased Focus on Broadening Access to Lifelong Learning

Scholarships Now Available for More Than 25 Workshops, Plus Tiered Pricing on Select Workshops & All Livestream Events

RHINEBECK, NY – [Omega Institute](#), a premier destination for lifelong learning in New York's Hudson Valley, today reopens its Rhinebeck campus for six months of in-person workshops, conferences, retreats, and professional training opportunities through October. [Scholarships](#) are available for more than 25 workshops, including special opportunities for veterans, women, and historically marginalized communities. Additionally, Omega is a nonprofit that offers sliding-scale tuition on select workshops and all livestream events, as part of its focus on increasing accessibility to holistic learning and building an inclusive, dynamic community.

“Omega is a global community of learners, thinkers, and doers. When a wide variety of perspectives, backgrounds, and identities are represented our community is enriched,” said Omega President and CEO [Carla Goldstein](#). “In addition to scholarships, we’re actively working to expand pathways to participation [through live online programs](#), [membership](#), [nonprofit retreat grants](#), and tiered pricing options.”

Omega’s Scholarship Program is made possible by the generous support of Omega Members, donors, faculty, and institutional funders. A sampling of 2024 scholarship opportunities includes:

[Radical Remission: 10 Healing Factors to Change Your Life \(May 24–26\)](#)

[Animal Mindfulness \(Jun. 23–28\)](#)

[Three Steps to Freedom: Harnessing the Brain’s Power to Transform Anxiety & Habits \(Jul. 19–21\)](#)

[Calling All Creatives: Art As An Offering \(Sep. 6–8\)](#)

**Scholarships for this event have been fully allocated, and were made possible through charitable donations from [Gibson Guitars](#), [Left/Right Management](#), [Paradigm](#), [Shure](#), [Split Second Management](#), [Steinway & Sons](#), and [Wasserman Foundation](#).*

[The Omega Women’s Leadership Intensive \(Sep. 8–13\)](#)

[Veterans Yoga Retreat for Men \(Sep. 8–13\)](#); [Veterans Yoga Retreat for Women \(Sep. 15–20\)](#)

**Scholarships are available to cover all but \$75 of the total cost, thanks to a generous donation made in honor of Bob Parsons and his service in the United States Marines Corps in Vietnam. This donation by his sister is being made to honor Bob's ongoing commitment to supporting other veterans and their families whose stories often go untold and to honor the work of the Bob and Renee Parsons Foundation on behalf of Veterans and other causes.*

[Wild Awakenings with Cheryl Strayed \(Oct. 4–6\)](#)

For a full list of scholarship opportunities and information on how to apply, visit eOmega.org/scholarships.

To contribute to Omega's Scholarship Fund, visit eOmega.org/support-scholarships.

[Explore Omega's nonprofit work](#) at eOmega.org, and follow Omega on Instagram, Facebook, YouTube, and LinkedIn.

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 250 acres in the beautiful Hudson Valley, Omega welcomes people to its workshops, conferences, and retreats in Rhinebeck, New York, and online at eOmega.org. eOmega.org

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