

FOR IMMEDIATE RELEASE
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Omega Expands Access by Awarding More Than \$300,000 in 2015 Scholarship Opportunities

Veterans, Those Living With Lyme Disease & Women Leaders Among Eligible Candidates

RHINEBECK, NY– Omega Institute for Holistic Studies, a nonprofit organization dedicated to lifelong learning, today announced plans to award more than \$300,000 in full and partial [scholarships](#) this year, to eligible applicants.

“We strive to bring many voices, perspectives, and life experiences to Omega,” said Robert “Skip” Backus, chief executive officer at Omega. “The Omega Scholarship Program is one of the key ways we are committed to building a holistic learning community, increasing our responsiveness to the barriers that exist, and creating greater access to the educational opportunities offered by Omega.”

Each year, Omega opens its doors to more than 23,000 visitors for programs that span six learning paths: Body, Mind & Spirit; Health & Healing; Leadership & Work; Relationships & Family; Creative Expression; and Sustainable Living. Full and partial scholarships are offered for a number of programs, including, but not limited to, the following highlights:

THE COSTS OF WAR, VIOLENCE & DENIAL VETERANS RETREAT

Course Date: April 15–19, 2015

Application Deadline: March 27, 2015

Omega offers a special 5-day veterans retreat, open to people of all religious and spiritual traditions, that focuses on different forms of meditation as a path to healing from the effects of post-traumatic stress. The retreat is led by Claude AnShin Thomas, who shares his own inspiring spiritual odyssey from combat veteran to mindfulness practitioner. Scholarships are available for veterans, their families, and friends. For more information call 845.266.4444, ext.180.

LIVING WELL WITH LYME DISEASE

Course Date: June 26–28, 2015

Application Deadline: May 15, 2015

This empowering workshop is guided by a medical doctor, a naturopath, and an expert in natural care. It offers needed answers for those afflicted with Lyme disease, health-care providers who want to improve their diagnostic and treatment skills, and anyone else who wants the most up-to-date information on living well with Lyme disease. Partial and full scholarships are available to qualified applicants who would benefit from this program. Applications are assessed on a rolling basis in the order received.

WOMEN & POWER RETREAT: BEING BOLD**Course Date: September 18–20, 2015****Application Deadline: July 10, 2015**

Omega's Women & Power Retreat brings together women leaders, artists, authors, and visionaries to share ideas and insights. Join Elizabeth Gilbert, Bonnie St. John, and Elizabeth Lesser for keynote presentations, conversations, and breakout workshops in movement, contemplation, and creativity. Participants are offered new tools for practicing everyday boldness.

The Omega Women's Leadership Center (OWLC) also invites women to apply for scholarships for their [2015 workshops](#), which offer a range of leadership skill-building opportunities, including conflict resolution, financial literacy, public speaking, and "flying" on the trapeze.

For a full list of all available scholarships, criteria, eligibility, and applications, please visit eOmega.org/scholarships.

Omega also offers Tiered Pricing on additional programs, allowing guests to choose one of four prices based on financial circumstance.

About Omega Institute for Holistic Studies

Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on more than 200 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org

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