



Entry Level Hypnotherapy Certification Program “Certified Transpersonal Hypnotherapist- CHT”

The National Association of Transpersonal Hypnotherapists (NATH – EST. 1989) is the oldest and largest transpersonal hypnotherapy organization in the United States. It maintains an outstanding reputation for certifying and registering professional and clinical hypnotherapists from a variety of backgrounds across the United States and abroad. Focus is placed on continuing education and the unification of professionals who use meditative-trance states as the primary catalyst for creating transformations in the body, mind, and spiritual directions of their clients.

Many of us, like Edgar Cayce, have experienced some form of hypnosis as we attempt to gain a better understanding of our true nature and our purpose here on earth. Dating back to ancient times, hypnosis has proven itself as an effective therapeutic tool.

Since its 1958 endorsement by the AMA, there has been tremendous growth in its methods, applications, and acceptance. You may have noticed your own life, or the life of a friend transformed just from these experiences.

This transpersonal intensive training course is designed to move you from study to application. Rated at 120 hours (approximately 40 hours in class and 80 hours of outside study sessions), it teaches beginning, intermediate, and advanced transpersonal hypnotherapy skills. Both the entry-level student and the seasoned professional will benefit from its unique, effective, professional, and personal change methods. Training includes lectures, demonstrations, group and individual experiential exercises and independent study.

This well-established course will train you in techniques that induce states of consciousness and show you how to use them safely and ethically to help others.

During this exceptional week, you will:

- Learn the hypnotherapy induction process from a holistic foundation and apply it safely to other participants.
- Explore self-hypnosis as a tool for memory comprehension and sports fitness attainment as two of many self-help tools.
- Discover ways you can use hypnosis for yourself and others to address such psychosomatic problems as weight reduction, smoking and other addictions, phobias, stress, pain management, improving self-image, and many more.
- Experience the value of hypnosis for past life therapy as you learn introductory regression skills.
- Examine the importance of setting ideals and other concepts from Edgar Cayce material when working with hypnosis.
- Passing completion, certify you to open your own hypnosis practice.

COURSE OUTLINE

- Cayce’s categories of mind
- Dr. Chips’ popular mind-process model
- The “Cayce Effect” and the superconscious mind
- Psychophysical (mixed) induction methods
- Deepening techniques
- Client interview methods
- Conducting Group hypnosis sessions
- Smoking-cessation techniques
- Weight-reduction techniques
- The Transpersonal approach to hypnosis
- Miscellaneous suggestive therapies
- Conducting a hypnotic regression
- Past-life exploration and therapy
- Professional ethics and policies, and marketing a private practice



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Membership Benefits include:

- ✓ ***Certificates indicating you are a Certified Hypnotherapist allowing you to practice with a mind-body-spirit approach***
- ✓ ***Subscription to the NATH newsletter, featuring developments in clinical and transpersonal hypnotherapy***
- ✓ ***Join the organization’s monthly Roundtable zoom call***
- ✓ ***National registry to include the listing of your practice for incoming NATH referrals***
- ✓ ***Discount on NATH’s annual conference worth at least 15 continuing education units (CEUs)***
- ✓ ***Liability insurance as a certified hypnotherapist is available***

REQUIREMENTS FOR ENROLLMENT

- High school diploma or G.E.D. is required; some college education is suggested due to the nature of the accelerated learning format.
- Knowledge of Hypnosis is not necessary but a passionate desire to learn these life-changing techniques is required.
- Prereading of Course Text – It is highly recommended that students pre-read the course text *Clinical Hypnotherapy: A Transpersonal Approach, 2nd Revised Edition* in preparation for the course work. The second required text is *Script Magic*. Both texts may be purchased via Amazon. The NATH Training Manual, which is given to students on the first day of class, makes it easy for students to follow the course. Call NATH at 855-772-0459 for more information.

THIS COURSE IS FOR

- Health professionals, Counselors, Hospice Care Providers, Clergy
- Energy Healers, Reiki Practitioners, Hypnotherapists
- Vibrational Sound Therapists, Acupuncturists, Yoga Instructors
- Metaphysical Researchers

HOW YOU WILL BENEFIT:

- Discover personal growth while helping others.
- Experience increased prosperity and flexibility with self-employment.
- Receive national certification and association membership
- Liability insurance available.
- Fulfill CEU requirements for your profession.
- Deduct from your taxes as an education expense.

MORE COURSE INFORMATION

CALL 1-855-772-0459; Email Linda@NATH.world

Or visit the NATH Web site: www.NATH.world



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REQUIREMENTS FOR CERTIFICATION *NATH reserves the unconditional right to grant or deny admission*; however, NATH does not discriminate on the basis of race, age, sex, religion, national origin, or handicap. All students must be mentally and physically fit to give and receive hypnosis.

Any questions, please email Linda@NATH.world or ask your family Doctor.

- **Attendance** - 80% attendance is required. In the event of absence, it is the student's responsibility to locate assignments and class information. If any portion of the class is missed, students must submit written highlights from the text of the missed segments.
- **Induction Assignment** - Students will create a one-page induction script.
- **Research Assignment** – A short book report of 3 - 5 pages on a subject area of the student's choosing related to hypnotherapy is required and is due within 30 days of course completion.
- **In-Class Assignments** – Due same day or next day.
- **Final Exam** – An open-book exam with a score of 80% or higher and is due on the last day of class. Students may download the exam for advance completion at <https://www.nath.world>
- **Post Class Assignments** – Three (3) clinical (suggestive therapy) sessions and one (1) Happy Childhood Regression required to be completed and submitted within 30 days of course completion for assessment before being awarded certification.

REQUIRED READING (*available at Amazon.com*)

- *Clinical Hypnotherapy: A Transpersonal Approach, Second Edition* by [Allen Chips DCH PhD](#) (Author)
- *Script Magic: A Hypnotherapist's Desk Reference Paperback* – March 1, 2008 by [Allen Chips DCH PhD](#) (Author), [Henry Bolduc](#) (Author)

RECOMMENDED READING

- *Magic Words* by [Karen Hand](#), *The Art of Hypnotherapy* by [Roy Hunter](#)

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