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# \*\*\*MEDIA ADVISORY\*\*\*

# Weekend Event to Explore the Intersection of Eastern Buddhist & Western Psychology

## Lincoln Theatre, Washington, DC, September 16–17, 2011

Join three of the West's most prominent Buddhist teachers—Jack Kornfield, Tara Brach, and Mark Epstein—for an exclusive weekend program, titled, The Gifts of Buddhist & Western Psychology. Western psychology and Eastern Buddhist psychology have become partners in one of the greatest of human quests—the exploration, understanding, healing, and awakening of the human heart and mind. This program will explore Eastern Buddhist psychology and the latest research in contemporary Western psychology—how they differ and how they are similar.

### **DETAILS:**

Friday, September 16, 2011 7:30 p.m.–9:30 p.m. The Gifts of Buddhist & Western Psychology Jack Kornfield, PhD, Tara Brach, PhD, and Mark Epstein, MD

Saturday, September 17, 2011 9:30 a.m.–4:30 p.m. Awakening, Healing & Illumination: The Dance of Buddhist & Western Psychotherapy Jack Kornfield, PhD, and Tara Brach, PhD

#### LOCATION: LINCOLN THEATER 1215 U STREET, NW WASHINGTON, DC 20009

To register, call Ticketmaster at 800.745.3000. Tickets for each day must be purchased separately.

**Press passes are available for this event.** To apply for a press pass, email <u>ChrissaP@eOmega.org</u>, or call 845.266.4444, ext. 404.

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