

OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course # 3702-893, "Illuminate Your Life" with Gurmukh Kaur Khalsa and Gurushabd Singh Khalsa on August 13 – 15, 2010.

Please note that there is a special schedule for this course:

Schedule:	Friday	8:00 P.M.-10:00 P.M.	Workshop
	Saturday	4:00 A.M.	Yoga session
		9:00 A.M.-12:00 P.M.	Workshop
		2:30 P.M.-5:00 P.M.	Workshop
	Sunday	4:00 A.M.	Yoga session
		9:00 A.M.-12:00 P.M.	Workshop

Please note that this course has an extended schedule when **the Children's Program will not be available**. The above schedule is subject to change at the discretion of the faculty.

If you have yoga props available (mats, blocks, straps, yoga blankets), please bring them with you. These items are available for purchase at the Omega Bookstore.

We look forward to seeing you this summer!

Sincerely,

The Omega Staff

Awakening the Best in the Human Spirit