

OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course #5605-573, "Yoga Anatomy & the Breathing Body" with Leslie Kaminoff on October 18-23, 2009.

Please note that there is a special schedule for this course:

Schedule:	Monday	9:00 A.M. - 12:00 P.M.	Workshop
		2:30 P.M. - 5:00 P.M.	Workshop
	Tuesday	9:00 A.M. - 12:00 P.M.	Workshop
		2:30 P.M. - 5:00 P.M.	Workshop
	Wednesday	9:00 A.M. - 12:00 P.M.	Workshop
			Optional Workshop (Required for those who want Yoga Alliance certification for Anatomy through The Breathing Project)
		2:30 P.M. - 5:00 P.M.	
	Thursday	9:00 A.M. - 12:00 P.M.	Workshop
		2:30 P.M. - 5:00 P.M.	Workshop
	Friday	9:00 A.M. - 12:00 P.M.	Workshop

The Children's Program will be available during the extended hours of this workshop. The above schedule is subject to change at the discretion of the faculty.

We look forward to seeing you this summer!

Sincerely,

The Omega Staff

Awakening the Best in the Human Spirit