

# OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course # 5604-680, "The Costs of War, Violence & Denial: A Meditation Retreat for Veterans, Their Families & Friends" with Rev. Claude AnShin Thomas on October 21 – 25, 2009.

Please note that there is a special schedule for this course:

Schedule:	Wednesday	7:00 P.M. – 9:00 P.M.	Workshop
	Daily Thurs - Sat	7:00 A.M. - 8:00 A.M.	Workshop
		8:00 A.M. - 8:45 A.M.	Communal breakfast
		8:45 A.M. - 12:30 P.M.	Workshop
		12:30 P.M. - 1:15 P.M.	Communal lunch
		1:15 P.M. - 6:00 P.M.	Workshop
		6:00 P.M. - 7:15 P.M.	Communal dinner
		7:15 P.M. - 9:00 P.M.	Workshop
	Sunday	7:00 A.M. - 8:00 A.M.	Workshop
		8:00 A.M. - 8:45 A.M.	Communal breakfast
		8:45 A.M. - 12:30 P.M.	Workshop

Faculty requests that all participants share meals together (as shown above).

The Children's Program will be available during the extended hours of this workshop. The above schedule is subject to change at the discretion of the faculty.

Claude AnShin Thomas has taken vows as a mendicant monk. As a result his life and work are entirely dependent on the generosity of others. He does not receive any honorariums for facilitating events such as this and does not have any income.

Because of these conditions Omega is letting participants know they are invited to make voluntary financial donations directly to Claude AnShin Thomas during the event. If paying by check please make these payable to the Zaltho Foundation, Inc. Please do not feel obligated to make a donation, as dana (generosity) should come from the heart.

The tuition charged by Omega covers organizational expenses, e.g. hosting of the course (production costs, etc.), accommodations and travel expenses for Claude AnShin Thomas and an assistant. Omega has also included a fee that will allow Omega to make a donation to Zaltho Foundation on behalf of Claude AnShin Thomas.

We look forward to seeing you this summer!

Sincerely,

The Omega Staff