

OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course # 3702-544, "A Bollywood Dance Retreat" with Hemalayaa on August 14-16, 2009.

Participants are asked to bring comfortable clothes to move in. Dresses/skirts are not suggested while in class. Bring a journal, and yoga mats (if you have one – additional yoga mats will be provided by Omega).

We look forward to seeing you this summer!

Sincerely,
The Omega Staff

Awakening the Best in the Human Spirit