

# OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course #3502-496, "Watercolor: A Wild Weekend Adventure" with Ann Lindsay on August 7 – 9, 2009.

Please bring the following:

**WATERCOLORS:** 4 tubes good quality watercolors:  
\* Cadmium Yellow Light *or any* Yellow  
\* Ultramarine Blue *or* Thalo (Winsor) Blue  
\* Thalo Red *or* Permanent Rose *or* Red Rose Deep

Grumbacher Academy and Van Gogh are pretty good quality student grade watercolors that are widely available. All "professional" and "artist" grade paints are fine. They can all be used together. Faculty will have Academy paints available at the workshop (\$5/tube).

**PAPER:** 140# Cold-Pressed 100% rag watercolor paper. Arches recommended.  
\* 2 full sheets (22" x 30") torn into quarters  
\* Faculty will have paper for sale for \$6.50 a sheet.

If you have painted before and have good watercolor paper that is painted on one side but don't want to keep what's on it, this is a good time to use the other side.

**BRUSHES:** Watercolor Brushes (Need not be expensive, synthetic is fine)  
\* Size 10 or 12 Round

**PALETTE:** A white plate with a plastic bag to fit. (If you want to buy a palette, a **folding** watercolor palette or a **covered** watercolor palette with a **large mixing area** is recommended. Faculty uses "John Pike-Regular" palette.)

## OTHER NECESSITIES:

- \* 2 Water containers (deli tubs work fine)
- \* Paper towel or tissue
- \* Sponge
- \* Spray bottle/mister
- \* # 2 Pencil w/sharpener
- \* A white plastic or kneaded eraser
- \* Sketchbook or notebook
- \* A lightweight board to support paper 12" x 16" (corrugated cardboard, masonite, plexiglass, foam core covered with clear contact paper, etc.)

*If you have any questions, please don't hesitate to call or e-mail Ann at:*  
**518-658-2960**    [ann@annlindsay.org](mailto:ann@annlindsay.org)

If you are purchasing items for the first time, Ann recommends Cheap Joe's Art Stuff in Boone, North Carolina: 800-227-2788. He has Ann's materials list on file. ([www.cheapjoes.com](http://www.cheapjoes.com))

Sincerely,  
*The Omega Staff*

Awakening the Best in the Human Spirit