

OMEGA

Rhinebeck, New York

Dear Student,

You are registered for course # 2307-448, "The Power of Practice: Classical Yoga Teacher Training for Yoga Teachers and Practitioners" with Beryl Bender Birch on June 26-July 3, 2009.

Please note that there is a special schedule for this course:

Schedule:	Friday	8:00 P.M. – 9:30 P.M.	Workshop
	Saturday	6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M. 2:30 P.M. - 5:00 P.M.	Optional Workshop Workshop Workshop
	Sunday	6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M. 2:30 P.M. - 5:00 P.M.	Optional Workshop Workshop Workshop
	Monday	7:30 P.M. – 9:00P.M. 6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M. 2:30 P.M. - 5:00 P.M.	Workshop Optional Workshop Workshop Workshop
	Tuesday	6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M. 2:30 P.M. - 5:00 P.M.	Optional Workshop Workshop Workshop
	Wednesday	7:30 P.M. – 9:00 P.M. 6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M.	Workshop Optional Workshop Workshop
	Thursday	6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M. 2:30 P.M. - 5:00 P.M.	Optional Workshop Workshop Workshop
	Friday	6:30 A.M. - 8:00 A.M. 9:00 A.M. - 12:00 P.M.	Optional Workshop Workshop

Faculty asked us to convey that the workshop hours from 6:30 A.M. – 8:00 A.M. are **entirely optional** and will not affect your workshop participation if you are unable to attend. **Participants are required to attend ALL sessions (including hours listed as optional) in order to receive credit for the 67 hours of training. Participants will only be credited with the number of hours they actually attend.**

The Children's Program will be available during the non-optional extended hours of this workshop. The above schedule is subject to change at the discretion of the faculty.

We look forward to seeing you this summer!

Sincerely,

The Omega Staff

Awakening the Best in the Human Spirit