

Dear Student,

You are registered for Week 3 at Maho Bay, January 26-February 2, 2008. One of the workshops offered during this period is "Watercolor in the Caribbean" with Ann Lindsay. If you plan on participating in this workshop, please bring the following:

WATERCOLORS: Any pocket watercolor set of good quality will be fine. If you want to buy a folding palette and add your own tube colors the following is a minimal list of colors.

- Cadmium Yellow Light or Arylide Yellow
- Cadmium Scarlet
- Thalo Red or Permanent Rose
- Thalo Blue
- Ultramarine Blue
- Cobalt Turquoise Light
- Olive Green
- Burnt Umber

Reeves brand makes pretty good quality student grade watercolors that are widely available. Grumbacher Academy and Van Gogh brands, as well as all "professional" grade paints, are also fine. Different brands can be used together.

PAPER: 140# Cold-pressed 100% rag watercolor paper (five or six 6"x10" pages are enough)*
Any size sketchbook/drawing paper (non-watercolor paper)
* Faculty will have a small number of watercolor pads for sale at \$10 per pad

BRUSH: **Watercolor** brush (need not be expensive, synthetic is fine)
Size 8 round

PALETTE: White folding watercolor palette (w/plastic bag for storage)*
* Faculty will have a small number of inexpensive palettes for sale

OTHER NECESSITIES:

- * Water container
- * Paper towel or tissue
- * Sponge
- * Small misting/spray bottle (optional)
- * # 2 Pencil with sharpener
- * A white plastic or kneaded eraser

NOTE: If you have painted before or already have materials that are similar, just bring what you have.

If you have any questions, please don't hesitate to call or e-mail Ann at:
518-658-2960 aklindsay@juno.com

We look forward to seeing you at Maho Bay!

OMEGA INSTITUTE FOR HOLISTIC STUDIES